

“Spirit Rising” the painting by AYNNE McAvoy

Aynne McAvoy THE STORY OF SPIRIT RISING

I was in a room full of other artists, working on this painting back in Liverpool, NY. I have a tendency to 'zone out' while working on certain pieces, and this is one of them. Suddenly, I was aware that there was a dove shaped object in the top center of this painting. It was painted in a shade of purple, which contrasted the various blues I had been working with. I was amazed since I had no recollection of painting it! A nearby friend said I hadn't left the spot, and the paintbrush with the purple paint was still in my hand. The painting looked for the entire world like a dove rising above a great wave of energy, thus the name, =Spirit Rising.'

Aynne McAvoy