

SPIRIT RISING; SPIRIT SPEAKING



"Spirit Rising"

by AYNNE

January to July 2010

ORBS

A few years ago, my husband and I put our house on the market ourselves, *For Sale by Owner*. We thought we couldn't possibly do worse than the Real Estate agents had done so far. Of course, we needed pictures, so my husband dutifully went from room to room to take pictures for our listing.

An amazing thing happened; a beautiful *blue orb* appeared in front of our wall length fireplace in our family room. For years, I told my husband that the room had a great deal of paranormal activity, and now I could prove it! The next instance was a few weeks later. We were taking a few pictures of my old desk to sell in preparation for the new desk to arrive. We were *wowed* in that the desk was surrounded by orbs! It took us awhile to understand it wasn't the desk the orbs were drawn to, but my office where I conduct psychic readings.

Often, I am notified by the other side if someone wishes to 'come in' to speak to a client before they arrive. My husband and I tested this, in that I would tell him which clients were going to get a visitor from the other side. He would then wait until the reading started, and take some pictures of the hallway outside my office. In every single case, if I felt an entity was waiting for a client, the orb or orbs would be there in the hallway. If there was no notification of 'visitors', then there would not be any orbs!

My husband and I have tested many places since, by taking pictures if we felt there was paranormal activity. We even have some pictures of one of our cats chasing an orb down the hallway! (See www.GoldenTrines.com - Orbs.)

I decided to test my office conference room by taking pictures where we hold our (*Course in Miracles*) CIM meetings. Sure enough, there were orbs in many of the pictures!

However, we had an odd week in between the two eclipses. My tape recorder refused to tape any of the healing sessions, and every picture came out pitch black!!

Aynne McAvoy

THE STORY OF SPIRIT RISING

I was in a room full of other artists, working on this painting back in Liverpool, NY. I have a tendency to 'zone out' while working on certain pieces, and this is one of them. Suddenly, I was aware that there was a dove shaped object in the top center of this painting. It was painted in a shade of purple, which contrasted the various blues I had been working with. I was amazed since I had no recollection of painting it! A nearby friend said I hadn't left the spot, and the paintbrush with the purple paint was still in my hand. The painting looked for the entire world like a dove rising above a great wave of energy, thus the name, 'Spirit Rising.'

Aynne McAvoy

January 2010 ...ongoing

Dear Susan,

SPIRIT RISING; SPIRIT SPEAKING

Before our weekly Sunday meditation and after each *Course in Miracles* (CIM) gathering, I have an opportunity to do healing treatments. The number of participants varies from week to week; and each week the energy seems to get stronger and stronger.

As you will see there is one participant in the CIM, Aynne, psychic and Master Reiki teacher, *also known as Aynnie or CAT*, who is always willing to give feedback. You will find that the information given to her from THEY is most helpful and pertinent.

There are other women in the CIM group, and, they, too, have much to share.

Here are some of the comments or happenings that I have been able to record as highlights of my experiences with these ladies as I take the journey toward sharing the healing energy with others. Hopefully, you might enjoy reading about our experiences.

On or about January 28

During today's treatment, someone remarked that she could see someone else's hands over mine ...*this might be when I decided to write this 'stuff' down and pay closer attention to what was happening!* I could feel 'lots' of energy especially when I placed my hands near the person's head. I often end the treatment with lots of love energy at the head by placing my hands alongside the head without touching. Sometimes, the hands move over the face and eyes and then on top of the head. Every once in awhile, it seems as though the person's physical head has disappeared!

During Aynne's treatment, she says, "I see a sunset, now water and now a ship – an old ship, a very old ship – they want you to know---it is a very old ship."

I replied, "Like the ship that I was in while on the Sea of Galilee?" THEY replied, "Yes." She repeats, "THEY wanted you to know."

February 4

After three ladies received treatments, it was Aynne's turn. Once again, I could feel a tremendous amount of energy and love. While treating Aynnie, she says, "I see a Redwood tree – very tall and old. Now I see a steer head with long horns...HA! Now I see an Angel, NO, a Master! He is wearing a deep cobalt blue robe and is just standing there. The blue is a very deep, rich color of blue called *lageda*."

To me, Aynnie's head felt as though it were afloat...!

A DRAGONS TALE

Letters From Heaven Through You and Through Me

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Later that day, I stopped to visit Mitzi and she wanted me to treat her neckline. When I told her about the Master's color, she was able to show me this particular blue color from an object from Italy. While treating her, she says, "I see a totem pole with 5 faces; I hear drums." Later she found the music with the same drum beats.

February 7 (Sunday)

Prior to our meditation, as Mitzi was getting a treatment, she says, "Do you like the Beatles?" She was hearing a song by the Beatles about *love being all there is*. It just so happened that while working on her, I, too, kept thinking of love.

March 4

This time, before I started to work on Judie, she says, "They told me to tell you that it will be okay. It is okay." Apparently, I had something on my mind that was bothering me.

Aynne says, "I see a placemat made out of reeds. They are specific about the reeds – natural reeds."

Later Aynne writes in an email that the reed was of the type used for the basket of Moses. She interprets the image as something to be woven...while I felt that a special placemat was being set for more healings!

March 11

This day, Judie was in a rush and feeling rushed. One could see it on her face that she was in a hurry for she had another class lined up that very afternoon. I commented that she might want a zap before I go! She agreed. When I leaned over her as she sat, I stood with my forehead near hers, my hands cupped her head without touching, she immediately said, "I can feel the energy lifting..."

I think she was referring to the stress being lifted as she received the energy.

I said, "OH, I see purple and now I see gold."

She said, "They are the colors that I often use when I do healing!"

March 25

Today, Aynne says, "I see a rainbow, then a scene from a beach with sand, palm trees, and sunshine...*she thought it might be Flagler Beach until she was corrected*. No, it was Egypt."

You are going to like this image. She sees the Eye of Horus. I looked it up and it is a symbol for protection, but I am sure it has much more meaning. She gets the word "focus" which she says might really be advice for her since she has so much on her plate right now.

But, when I did her hands, she gets the word '*sand dollar*.' Aynne also commented that her head felt like a mushroom! When I do her head, it disappears!

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Interestingly, Mitzi gave me a sand dollar to open, and I still have 3 doves that I found within it. Aynne asked me in an email: "Hmm...since I saw the sand dollar while you were patting my hands, I wonder if that means the Divine is in our hands?"

At this time, however, I am not sure that what she saw was meant for me but for her directly.

March 28

This happened during Sunday's meditation. This was really different, and I was just going along not aware of any of it!

First, Mitzi gave me a peck on the cheek as I put some items on the kitchen counter. I didn't think anything about it until later when she explained to me that 'THEY' told her to.

Then 'THEY' told her to ask me to do a healing treatment around her head and neck. I am still unaware of the goings on. But when she asked me for a treatment, I motioned to her to sit in her chair, and I would face her on my chair. Now she had this sheepish grin that I assumed was because we were all sitting backwards! Usually, I stand behind her.

When I started, the energy was strong, really strong, *so* very strong. She then rests her palms on the top of my thigh. Her hands stay there the whole time.

As the treatment was drawing to a close, she tells me that a Chinese man in his emerald green robes and round hat was standing nearby watching. She said that he appeared yesterday during a chanting.

Later she tells me that 'THEY' wanted her to be facing me and to have her hands on my thighs. THEY said that as she received the energy, she was to return it as well. Interesting!

April 1

Aynne started off by saying the following: "There was sand, lots of sand. The sand was the type that you would find in the desert. Slow moving dark storm clouds began to move in, and as they did, the sand below appeared dark. Soon the entire area was in darkness, BUT above and around the storm clouds was Golden Light."

We both thought that this had to do with the changes taking place now. The sand represents all of the people and the slow moving storm clouds are the worldwide changes creeping ever slowly. We are to remember however, that the Golden Light is here as well.

April 8

As soon as Aynne sat down, she asked for clarification concerning the turtle...turtle cay or turtle bay or what?

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The healing opened with an old Indian grandmother, *native American Indian*, standing there. She was told that this grandmother was *The Grandmother of all Grandmothers*.

Initially she saw what looked like an egg, but it turned into the eye of Horus again.

She saw an obelisk, then what looked like a tower--the Tower of Babel. The Tower of Babel had all these voices talking but also weeping, crying and shouting. She was told, "THE TOWER OF BABEL REPRESENTS WHAT IS HAPPENING IN THE WORLD NOW."

She was told to open her hands out for she was holding the earth...holding UP the earth, but she knows that this is all very symbolic.

I kept channeling.

Now she sees Mother Turtle in the water. Mother Turtle is huge! Her question was not answered as to the place of Turtle Bay or Turtle Cay even when she had asked silently. (*She had a dream after the chanting meditation on Easter and the Turtle and a place was mentioned. However, she said that the places mentioned were in warm waters...Virginia Beach, Bermuda, Hawaii... She still wonders about the connection.*)

She was told to look at the turtle's back!

At one point, Aynne saw a volcano but it wasn't shooting out fire. It looked hollow in the middle and cold.

April 15

Working again with Aynne, we had a few surprises...first Aynne said that she saw a giant, busy thunderstorm, a very active thunderstorm with lightening and all the fixings. She says "Oh, dear! It was taking place over an ocean, but wait, it is not a storm that we should fear confided her angels for it was a celebratory storm."

Next she sees a scythe, the sharp tool used to separate the wheat from the shaft. That was what was happening as she sees the wheat cut down by the scythe. (*We can only guess as to why we were given this image.*)

We now go back to the ocean's shoreline and the marvelous thunderstorm. Doris, who is sitting with us asks, "Do we have a purpose, that is, our Course In Miracles Group?" Her question is answered in different ways.

"YES, WE HAVE A PURPOSE, AND YES, WE ALL PRE-PLANNED THIS GATHERING."

Aynne continues: "We, the members of the *Course in Miracles Group*, now stand along the beach. We are both aligned in thought as well as hand-in-hand. There we stand gazing up at the storm with quiet and calm faces. We are the paper dolls holding hands, and to top that, we are blue paper dolls holding hands with one another. There is one doll wearing a tall white hat. It has no status, it just is. Apparently, the hat was a carryover from a past life!"

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The treatment ends with her seeing a large tornado shaped like a giant mushroom, but it is not an ordinary tornado for it has a large hole in it. Aynnie can see sun shining through it. She did remark that the tornado carried a heavy pressing of energy. (*The tornado could be a crisis as defined by the world, and not necessarily the real thing.*)

Oops! I almost forgot that Doris was also given a crescent moon! We are waiting to see what happens when there is the next crescent moon.

April 22

While Jean was getting her treatment, as my hands cupped near her ear...not on the ear but near it, she said that she heard a white noise and it continued each time my hands were near her ears.

Aynne opened with a very strong updraft. Then she saw a beautiful blue sky with little clouds. She continued to remark about how beautiful the sky was.

The scene is now a classroom setting: Aynnie found herself in a very large classroom filled with thousands and thousands of people. It stretched for miles and miles if one were to try and measure it. Even though the classroom was so, so large and filled with so many people, the ONE speaking could be easily heard.

Aynne found herself sitting in a desk similar to one used in a high school. (While ironing clothes at home that day, she was told by THEM that the desks were there to help us feel more comfortable in a setting that we could all relate to. Aynnie felt that all of us included all peoples on the earth.)

The person speaking was not teaching or lecturing, but recalling information about earth changes. She was told that he stood alone, but he represented many!

At one point, she thought that she saw a rock cliff but no, it was a cliff made of ice.

She was told that underneath the earth crust, everything is connected. What happens in one area affects another. Scientists are not yet aware of this. There will be activity with another volcano, one that has been asleep a long time. Aynne will also be getting more concrete information concerning earthquakes. She saw fire rocks, large ones in water that looked like it was on fire. These fire rocks were falling.

She saw one or many mountains with staircases going up to the top on all sides.

Aynne's interpretation by email: "It is MY thought that perhaps my 'desk' area is simply my area....space? I don't know...just typing out loud here."

May 13—following our trip for two weeks in Hawaii

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After the treatment, Kathy while holding her hands out from her head says, "I could feel the energy. It was so much stronger coming from you!"

Doris says, "I could really feel the energy!"

As soon as Aynne sits down for the treatment, THEY tell her to tell me, "SOMETHING HAPPENED IN HAWAII THAT THEY TOLD YOU WOULD HAPPEN."

Aynne is given an image of a great deal of heavy rain. "I see a forest with trees that have no foliage – like telephone poles...now I see a large open, special book on a pedestal or stand. It was all by itself. This was followed by many great boulders that were all connected. They represented us."

Aynne sees herself wearing a hat, the pointed kind that reminded her of a dunce's cap, but no, it was a birthday hat! It isn't her birthday. She thinks that perhaps it is the celebration of a new beginning?

She is back in that huge classroom with all of those desks, but this time the instructor or facilitator is laughing.

Something different happened for she was seeing the body as a machine, and it was getting some new wiring like broadband or HD or a Bright House (CABLE) connection. Silence only for she was told that Celine was making the connection...She was told, "WHAT CELINE IS DOING IS PUTTING AYNNE INTO A HIGHER BROADBAND."

What an exciting experience. We thank, THEY!

(See Brothers Speak: UNDER THE GEMINI MOON for extensive commentaries)

June 3

I raced home after today's session with a *new* song in my heart.

Today, Jean, Judie and Aynne stayed for a treatment. Jean is always so receptive and delighted for the energy. It is a joy to treat her. She absorbs it all so lovingly.

Black and White All Over

Judie has been working with energy for a long time and she offers counseling, meditations and various workshops. However, today Judie said that she kept seeing black. It kept coming up so much that she finally asked herself, "What is with all of this black?"

She now sees white, and is told, "WHITE AND BLACK ARE EQUALLY THE DIVINE SOURCE. WHITE IS NOT ALL PURE; BLACK IS NOT ALL EVIL. THEY ARE BOTH OF THE DIVINE SOURCE THAT IS AROUND US AND WITHIN US."

She turns to me and says, "Not sure what this all means, but here it is!"

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Judie did try to interpret it to mean that everything is not as it seems. It is truth.

Monarch Butterfly

After a short time, Aynne said that she saw the old (ancient) symbol for God. She forgot its name, but described it as a circle with the dot in the center. Then she said that she saw the old word for God – YOD.

The bamboo was back from a previous meditation. After a pause, she explains that she is seeing that large straw or a hollow tube or a hollow bamboo stick – “Whatever it is, it has to do with the oil spill, and I see the straw!” (*See Brothers Speak: Under the Gemini Moon*)

(While treating her, I was really hoping that Spirit would have a continued message about the progress of the cleanup for the oil spill. When I got home, Joe told me that they did get the tube cut! I am being so hopeful.)

The next image was that of a beautiful sunset!

This was followed by her seeing a cloud with a silver lining!

Out of the blue, Aynne says that Celine has something to say (*she's been holding back*), and it is actually making me cough for it is affecting my throat, the fifth chakra. It is personal and I am to tell someone. Apparently, I think it is hurtful. (*I will wait and see what comes to me for it took me by surprise although I was coughing during meditation. If it has to do with participation in the session, I am really at a loss for I am not known to hold back during the discussion.*)

Later Aynne said that I would probably have an Ah Ha moment! I did a day or so later and all is very much okay.)

We didn't get out of there totally worry free for she said, “Now my head feels like a mushroom cloud.” *She holds her hands on the sides of her head but extended away. In the meantime, my hands move away from her head as well!*

She continues, “I see rain, lots of rain! I think it is a hurricane. I wonder where it will be.”

She ends with the beautiful image of a Monarch Butterfly.

NOTES:

According to the book, Medicine Cards, by Jamie Sams and David Carson, the power of the butterfly is the art of transformation. “If you look closely at what Butterfly is trying to teach, you will realize that it is the never-ending cycle of self-transformation.”

According to the book, Totems, by Brad Steiger, the butterfly totem will aid you in achieving depths of inner and outer exploration far beyond the ordinary. As a symbol of personal transformation, your spirit helper will hover ever-near to assist you in all those changes within yourself and within your environment that are necessary for you to attain the highest levels of enlightenment.

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Susan wrote back right away. Now I see why!

Black and White (Susan Speaks)

Well, at least I intended to...When I sat down to talk about the nature of light/darkness and good/evil and expand on the information which Judie received, I pretty much knew what I wanted to say.

Aynne's Vision (Susan Speaks)

On the Sun: The circle with the dot in the center is the symbol for THE ONE MOST HIGH that encompasses ALL. The dot in the middle is the spark of electric fire from which all comes forth. It is the singularity that physicists talk about. Behind that spark lies THE VOID. The mother from which all God and creation comes.

As Aynne knows, it is also the symbol of the sun. Our sun is the center of our solar system. It is the Solar Logos. It is the actual embodiment of a great life-GOD.

It is not just fiery lump giving off heat and light. The Egyptians, the Sumerians, and all great religious know this.

On the Butterfly (Susan Speaks)

The Ajna center between the eyebrows which people call the third eye is shaped like a butterfly. It has a central point with two wings which wrap around the head, 48 times 2 petals. So we also see as a bird. It's the wings at the top of the caduceus. (*The caduceus is seen again July 8 treatment.*) It corresponds to the pituitary.

It is this center that regulates the flow of God Energy through the crown chakra and integrates the entire flow of energy through the personality bodies...the mind, the emotion, and the physical. Indeed, it means transmutation.

On Celine's Cough (Susan Speaks)

Yes, a cough always means you have a throat blockage. Yes, maybe there is something that she needs to speak up about. Usually is. The throat is the chakra of creativity.

Had you been or were meditating?

Were you doing healing just before?

Then likely the flow of energy hit a temporary block. Regardless, to express self more, the kinks are worked out.

There is another reason. I cough when I am overshadowed. The Brothers are coming and going like stuffing a huge something into a small space. If it happens when meditating, that is also possible.

All are true.

(See IT'S A MIRACLE-June 6 – for a more detailed message from The Brothers)

June 10

Today, I was able to treat Doris, Barbara, Jean and Aynne. Jean was really excited after her treatment for she really felt the energy today! Barbara absorbed it all, and she still remembers how she felt during the chanting from The Brothers. Doris was favoring her back after the slipped disk, bruised finger, and foot! Her spirits were up throughout the meeting and treatment.

Now it was time for Aynne. We are prepared to take anything she says down on paper. Doris is good about taking notes.

Soon after working on her, Aynne said, "I want to lift up and out of my body and go to the western part of the state."

"I see a C or a K. That's unusual for me for I generally do not get initials."

She tells us now that she sees a fountain, it is spouting and it is not a pretty fountain. "It is not pretty!" (*Doris and I hold our breath but there is no more on this part.*) However, she then announces that she sees birds dropping out of the sky.

We wait. "I see an arrow pointing toward Texas and pointing toward Louisiana. Then the word, EVENT."

She sees a butterfly again. (We were given one before.)

Similar to a scene in the movie, Cocoon, Aynne sees herself in front of a bathroom mirror unzipping her skin from the head downward. She sees her spirit within. With this, she is told "THE SCENE IS FOR ALL THOSE IN OUR GROUP AND IN OTHER GROUPS." We interpret that we are seeing the Light.

Next she is told this message for everyone in general: "DON'T JUDGE."

She sees tar balls and then is told that we are focused on the eastern part of the country, but something else is going on in the west. "IT NEEDS ATTENTION."

It was explained:

"IT IS LIKE A MOTHER WATCHING A GROUP OF CHILDREN,
ONE IS BEING NAUGHTY, SHE WATCHES THAT ONE, BUT, IN THE MEANTIME,
ANOTHER IS WANDERING AWAY AND BEING EVEN NAUGHTIER."

(Oh, dear...) We are missing something important in the west.

She saw the pyramid with the eye that is on the dollar bill. She is told that underneath the pyramid there is an UPDRAFT. Spirit must have sensed our unease and immediately told us. "THIS IS GOOD NEWS."

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She sees clouds in the sky. She sees below the clouds; there is a marsh, and it is clean!

Her treatment ended with a vision of a spaceship.

(Doris and I did share that there are Space Brothers out there helping us.)

Spirit also told us that there are some things that we are not privileged to know. *(That's okay with me for this information fills up my plate!)*

However, on behalf of all who read this, we lovingly thank, THEY.

Note: Today, Aynne was able to do healing on the lady who runs a delicatessen. The lady injured her leg and her wrist. As she worked on her, she was able to tell the lady just how serious her wrist injury was.

At the end of our CIM meeting, Doris told us the following: "We are here to hold focus on the truth or right thinking."

Note: On July 9, Aynne wrote in an email:

"After reading a news story today, I got the map out and looked at a city on the west coast of our state that started with a C or a K. See Clearwater...near Largo. Let's wait and see...this feels right.

June 17

After I worked on Judie, she said she was given the message, "THERE IS ONLY GOD, ONLY LOVE." She said that she felt her body melt. "It melted into the All that is."

Her image was the color black with a bright white light, like a small dot in the center. She said the white Light represented the universal God.

This was different: AGENT WANTED

Judie was told to tell me about her Fairy Tale Book for children. She is looking for an agent for she has an illustrator and an editor. The Fairy Tale is for adults and children: it is a meeting place between Grimm's Fairy Tales and Eckhart Tolle!

As soon as Aynne sat down, she immediately stated that she had a downloading of Light. Then she saw a tiny dot of white Light in the darkness (black). A light bulb then appeared but it was not lit.

The next image was that of a ¹street grate that is found at the curb, but this grate had water running into it...running water flowing into the grate.

¹ On July 8: Aynne writes in her email: "I am still reading...but am reminded of watching the news last night and the heavy rains in Texas and the horrible FLOODING there...a river is normally a few feet high is now over 40 ft high...(Laredo or Laramie). I meant to look into it more last night. This could well account for the showing of the grates and all the water going down."

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The next scene is that of a palm tree standing and then bending down from the force of the wind. She says, "SPIRIT COMES IN LIKE A MIGHTY WIND." There is more wind and then sand now blowing in the wind. Aynnie commented that she had seen light, water and then wind.

Many voices were now talking all at the same time – this was a first for her. She heard, "ALL IS WELL." A cloud with what looked like a silver lining really had pink today!

She now finds herself in Egypt. (She is pretty sure it is Egypt due to the pyramids.)

Then she says that she sees a dark, ugly country: "There is NO light here, but there was light around the countries surrounding Afghanistan, but almost none in that country – very dark blobs of DARK there and in surrounding countries!" She is able to view the whole area.

However, she says that she is now seeing Europe and it has lots of Light. She sees rays of Light shooting up from Europe. There are high rays of light in various areas of Europe.

Aynne now *hears* the rumblings of an earthquake coming.

THEY used a picture of a big fat bag being tied up...it meant that it was all tied together...The messages were all tied together. THEY said, "THIS ALL TIES TOGETHER."

The session ends with a beautiful blue sky with fluffy clouds.

June 24

This morning was rather hectic. We were out of sequence, so to speak...Aynne went first, but she usually goes last, but due to an appointment, she rushed in place. *She looked rather splendid for this event, too.* When we were finished, she admitted that the noise in the room was distracting her even though she could easily give a reading to someone while sitting in the middle of a busy highway during rush hour!

Aynne opens with, "Here comes the download!" We wait. She tells us that she sees candle light that is hanging off a ceiling. She says, "It is clear, crystal clear." Next she sees fish and then mountains.

She sees the symbol for Saturn. Then we hear, "Tiny, little lights." She finds herself inside a cave. This is no ordinary cave for it has many formations in it – she explains that the formations are really stalagmites that are crystal clear.

Now, some humor from above...The cave is from Plato's story – the cave is an illusion. She then explains that THEY said, "THEY GAVE THE PICTURES TO PLATO FOR HIS ALLEGORY!"

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Aynne now sees a painting that she has created and painted called, "Spirit Rising." The painting has an image of a dove that she does not even remember painting into the picture. She says she knows that THEY give her symbols as messages.

"Okay, now for lift -off!" says Aynne. THEY show her keys.

Then she feels the rumbling of yet another ²earthquake.

Doris was next and she has been finding relief for her back with the healing treatments. Fran was last and soaked up the energy like a sponge.

Note: "*The Allegory of the Cave!*" is worth a read. There is even a short clip demonstrating the message on the Internet.

July 1

(If you look closely, you can see Orbs near Barbara, not the light reflection on the picture.)

Unexpected visitors – Orbs: What a session! It all started when we sat and meditated for about 20 minutes at the end of the class meeting. Even the meeting was joyful, informative and cherished. We were devouring the material.



During the meditation, Judie said that the angels that usually work with her tend to get a little loud in especially in her one ear. She asked them politely, of course, if they could lower it or bring her up or down or something!

As she sat there she asked them to please give her the necessary message. Her angels sent what looked like a statue of a Fu Dog. It was in front of her and then its eyes opened and the statue came to life and it began to play as a dog would. He kept looking at her and bending down as if in play. Then he turned around and left.

The message to her was:

"DON'T BE SO SERIOUS. BE IN THE PLAYFULNESS OF LIFE."

² A preliminary 6.9 magnitude earthquake hit the Solomon Islands on June 26, Saturday, recorded by the U.S. Geological Survey.

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During the healing treatment for Judie, she saw butterflies, roses and then she was lifted from her body. She saw a beautiful meadow. Mother Earth told her, "THE HEALING ENERGY IS IN THE MEADOW; THE MEADOW IS THE HEALING ENERGY."

She was told that the messages were for the group and added, "IT'S OKAY. THIS IS A POINT OF TRANSITION. EVERYTHING IS OKAY."

(Judie was also told to demonstrate the heart-felt connection to the Divine with us. As she did so, Kathy could immediately feel the energy flow to her as she watched Judie! We asked that she demonstrate it again at the beginning of our CIM class.)

Jean, Kathy, Doris, Jean F., Barbara were really into today's healing sessions. More than one saw white light on the recipient while the person was getting a treatment.

Jean F. said that she saw our aura, all white, while I was working on Aynne.

Jean K. even saw colors and a light during her treatment. She thought that with lights out she was better able to see the Light during the treatments.

Aynne was also busy taking pictures to see if there were any Orbs in the room.

Jean F. gave me a Reiki treatment because she felt that it was time to give me energy since I had done so many in the past. As she worked on me, I could feel the energy just gush from me and so much from my hands. Jean F. exclaimed that she felt that I was sending energy back to her. *(The thought that came to me was that they wanted to merge our energies for she is not always able to stay for a treatment.)*

Now, it was Aynne's turn. She brought a tape recorder and it worked. However, when I played it later, there were no voices.

This is what I remember being said during the treatment: She saw the oil spill and she remarked how ugly it was, "It is ugly, really ugly." It reminded her of the earth vomiting. After the ugly scene, they immediately showed her a beautiful image.

There is something going on the west coast of North and South America but all eyes seem to be on the oil spill. She saw a street grate again, used during storms, and there was rushing water flowing into it. Florida does not use these. *(Could it be the storm headed for Texas?)*

She said, "I see the bamboo again!"

Back to Afghanistan...there was something boiling up and it reminded her of the rhyme: *"Double Double, Toil and Trouble, Fire Burn and Cauldron Bubble." (Shakespeare)*

She saw a heavy bundle and felt that she could not carry it. THEY lifted it up for her and then tossed it.

A DRAGONS TALE

Letters From Heaven Through You and Through Me

SPIRIT RISING; SPIRIT SPEAKING

THEY said, "IT WAS THE BURDEN THAT WE FEEL THAT WE CARRY," but poof..."IT IS NOTHING. IT IS ALL AN ILLUSION."

The images that gave us concern were followed by something beautiful and pleasant such as an elf, a flower, or a yellow hibiscus.

Aynne saw a plume of light over her head. THEY reminded us to FOCUS on the LIGHT. We are not to dwell on the unpleasant happenings, but keep our Focus on the Light. At one point, she exclaimed, "There is something in the corner of the room. We need to take a picture."

Aynne: "At the end...there were Angels. I think in the corner of the room...near the ceiling. That was cool. I am about to look at the pictures to see if anything showed up."

July 8

The energy was really moving. My personal reaction while working on the individuals was that my hands moved far away from their heads and left me with the sensation that the person's head was very large but when I looked, at times, my hands were quite close to their heads. I was rather cool today but some of the individuals felt the heat.

Today, Doris was first, and when I worked on her head it felt as though her head was quite large.

While Kathy was getting a treatment, Jean K. said that she saw a brilliant white light on her. Kathy remarked later that she felt a pulsation in her ear while getting the healing treatment especially when we were working around her head. Also, there was a very green, a *very* bright green that was not a typical green.

Kathy said at one point she knew her Reiki guide was with her for she felt his hand on her shoulder. Her head also felt as though it had expanded in size.

When it was Jean's turn, Aynne exclaimed that she saw Jean's head 'morphing!' "It kept changing; there were different heads changing into other heads with some being male and some being female."

When it was Aynne's turn, she soon said that she saw a mouth speaking. "Yes, it's a mouth." She could not hear anything coming from the mouth; she could only see the mouth speaking.

They showed her numbers and symbols. There were numbers and chemical symbols written on a blackboard. They showed her scientists and mathematicians who were working on the problem. They emphasized that this was important.

She sees the *little Geko (lizard)* for Geico holding money like in the advertisements.

But THEY took the money away, and only showed her the eyes. "WE ARE WATCHING YOU."

She sees herself looking down at the oil spill. She sees fingers coming from the spill and going toward Texas and Mexico.

A DRAGONS TALE

Letters From Heaven Through You and Through Me

SPIRIT RISING; SPIRIT SPEAKING

There was a math equation and someone (a scientist) was working on the formula. It was an important mathematical and chemical problem. "THIS IS IMPORTANT." THEY emphasized this point more than once.

She now looks at light puffy clouds in a beautiful blue sky.

Then THEY say, "IT IS DONE. IT IS DONE."

Aynne exclaims that she felt cold chills going up and down her spine.

Soon she sees that there are Angels near clouds. When Aynne said that the angels were looking down on the world, she was corrected with, "THEY ARE LOOKING AT THE WORLD."

Now she sees the clouds being lassoed with rope and being tugged from the sky. THEY were pulling the clouds away to show the clear sky. She sees two big hands pulling at a cement block. THEY were pulling the fabric of time.

Time is an illusion.

Aynne explains that THEY were showing us that they were shifting time. There will be more reality shifts. Some people will be scared.

She sees egg timers, clocks, calendars...different symbols used for time.

Now Aynne sees the medical symbol, the symbol that has the staff with the two snakes going up and down on each side, the caduceus. She now sees that they are placing it through the top of her head. They told Aynne that THEY were healing something with the caduceus. She expresses that she feels peace as she watches a calm beach and ocean.

THEY remind her again of the symbols, formula and numbers. We are not to forget it for it is so important.

She sees a large ear. They showed sound waves going into the ear....meaning we must listen! We must pay attention to what is being said, "YOU ARE BEING TOLD SOMETHING." We are to listen.

(There is a more detailed interpretation through a conversation by Susan and Aynne in Brothers Speak: Chanting to the Eclipse July 11, 2010, the addendum- Shaking the World Tree)

July 15

Today, Doris, Jean, Barbara, and Judie stayed for a healing treatment. All responded *happily* to the healing energy.

Judie, however, had a message for one member in particular, and, in general, for all of us. The message for Jean was:

"YOU ARE NEVER ALONE IN THIS.

WE ARE ALWAYS WITH YOU.
SHE KNOWS THIS BUT JUST NEEDS REMINDING.
ALL SHE HAS TO DO IS ASK.
DON'T FORGET TO ASK. BUT DO ASK, FOR WE DO NOT INTERFERE."

Then Judie saw a moon face, and she heard the message, "ALL IS WELL. ALL IS WELL. ALL IS WELL." She heard this message echoed over and over and over again as the as the image of the moon face faded.

Judie went 'out of body' and she found herself at a sacred American Indian (Native) ritual. She was at dance grounds. She could see her legs and feet in deerskin moccasins as she danced! Then she was told:

"ALL IS WELL. DANCE LIFE."

Her Angels, *Lucy, Ruby, and Tuesday* appeared as beautiful, opalescent Light. Each one came and said, "ALL IS WELL."

July 29

After giving healing treatments to Jean, Doris, and Marilyn (new), it was Aynne's turn. Soon after we began, she saw the bamboo, but this time it was a forest of bamboo. She knew that the message had to do with a particular country because the next image was that of people. They showed Aynne her face with her smile going downward. The bamboo and the people to which they were referring to were angry and unhappy. She said that it might be an eastern country such as Japan, China, or Korea.

She found herself seeing images of the Gulf of Mexico where the microorganisms were eating the oil.

For Florida, Aynne saw a storm, not necessarily a hurricane, coming up the entire eastern coast.

There are ice cubes, *big blobs of ice*, floating in the water.

Our CIM group, last seen as a small group of paper dolls holding hands, is now a very, very long group. The length of the paper doll cut outs has now extended way beyond the room. Aynne's sense was that we are going to be expanding or become part of another group...or that we are already connected with groups around the world.

She sees the Universe and THEY quickly remind her that it is a symbol. Once again she sees the bamboo forest, and is told, "SOMETHING IS BUILDING THERE."

THEY show Aynne the Golden Arches once again. (The first time was during a chanting for the Eclipse of July 11, 2010). She sees that we are helping people go through the arches. A massive heart-shaped figure appears. This is followed by a flower bud, perhaps a rose that begins to open.

A DRAGONS TALE

Letters From Heaven Through You and Through Me

SPIRIT RISING; SPIRIT SPEAKING

As I work on her head, she said, "My head seems to be going straight up instead of out like a mushroom!"

She ends with a symbol that is an image of the Milky Way, and we are told, "IT IS PART OF THE MIND."

(Note: Three separate times during today's meeting, Aynne felt the earth shake...she even held onto the conference table only to find that she was the only one.)

Love,

Celine